

The Middle Eastern Vegetarian Cookbook

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The Middle Eastern Vegetarian Cookbook

A definitive, fresh and approachable collection of 150 traditional recipes from an authoritative voice on Middle Eastern home cooking, Salma Hage's new book is in line with the current Western trends of consciously reducing meat, and the ancient Middle Eastern culture of largely vegetarian, mezze style dining.

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A collection of vegetarian dishes influenced by Middle Eastern flavors from Salma Hage, author of the bestselling classic, *The Lebanese Kitchen*, also published by Phaidon. A definitive, fresh and approachable collection of 150 traditional recipes from an authoritative voice on Middle Eastern home cooking, 2017 James Beard Foundation Book Awards Winner: Vegetable Cooking

The Middle Eastern Vegetarian Cookbook by Salma Hage

HOW THE MIDDLE EAST IS CHANGING OUR DIET. ‘In the introduction to her latest release, *The Middle Eastern Vegetarian Cookbook*, Salma Hage recalls the communal nature of preparing food in the Lebanese village in which she grew up—stringing together beans to dry, pickling turnips, and making batches of her grandmother’s beloved tomato paste.

Salma Hage - THE MIDDLE EASTERN VEGETARIAN COOKBOOK - THE ...

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The Middle Eastern Vegetarian Cookbook by Salma Hage ...

Hearing about her new cookbook, *The Middle Eastern Vegetarian Cookbook*, we couldn’t wait more to get hold of it! And it wasn’t a big surprise to discover an impressive and varied collection of good-looking, vegetarian and vegan dishes that highlight the variety and complexity of Middle Eastern flavours.

The Middle Eastern Vegetarian Cookbook - FoodCrafters

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The Middle Eastern Vegetarian Cookbook, by Salma Hage

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A definitive, fresh and approachable collection of 150 traditional recipes from an authoritative voice on Middle Eastern home

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The Middle Eastern Vegetarian Cookbook | Eat Your Books

The Middle Eastern Vegetarian Cookbook Bestselling author Salma Hage, known for her book The Lebanese Kitchen, now presents her favorite flavors from the region she was born in, with a Lebanese touch. Labneh, falafels and humous are at the heart of The Middle Eastern Vegetarian cookbook, but there's more.

10 best vegetarian cookbooks | indy100

Ottolenghi's reputation with vegetable-driven, Middle Eastern-inspired cooking is really highlighted in this cookbook, where recipes include a fiery black pepper tofu dish and a lighter mango ...

The Best Vegetarian Cookbooks, According to the Epicurious ...

The Middle Eastern Vegetarian Cookbook by Salma Hage This is an older cookbook but it explains the basics very well, and it is excellent to use with a combination of another recipe book. A favorite is Split Green Pea Soup. The Saffron Tales: Recipes from the Persian Kitchen by Yasmin Khan

10 Of The Best Middle Eastern Cookbooks | Book Riot

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